

# SARAH DONEGHY

646-498-7330  
Sarahdoneghy@gmail.com

SAG-AFTRA

Hair: Dark brown  
Eyes: Brown. Height: 5'8"

## THEATER

Mixed Nut	One Person Show	The Peoples Improv Theater
Sense Us	Ivory Browning (ensemble)	The Public Theatre
You In?	Potpourri (lead)	The Producers Club
Two Boys by a Coffeeshop	DeAnna (lead)	The Secret Theater
Gone Tomorrow	Amanda (lead)	National Tour
Fusion	Maria (supporting)	The Kraine Theater
The Three Mothers of Zachery Club	Angie (lead)	The Producers
Lush	Simone (supporting)	Hudson Guild Theater
Life on the Spectrum	Mary (lead)	The Collective Theater
Angry Jello Bubbles	Sarah (ensemble)	NY Fringe Fest, NYC Venues

## FILM

Blue Diamonds	Minnie (supporting)	In House Productions
Before We Let Go	Kim (supporting)	Philip Smalls Inc.
I Can't Lose	Kim (lead)	Marcus Machado Films
Night Job	Roxanne (supporting)	In House Productions
Single Hills	Razzle Dazzle (lead)	Talking Time Productions

## TELEVISION

The Meredith Vieira Show	Miranda (Sketch)	NBC
Literally	Mia (lead)	Hey It's Me Productions
Broad Comedy	Diva D. (Rapper)	Web Series
Live In Five	Rachael (supporting)	Web Series
Saks Fifth Avenue	Manager (lead)	Industrial

## COMMERCIALS/PRINT

List available upon request

## HOSTING

Mixed Messages with Sarah Doneghy	Host/Producer	Online Talk Show
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## STAND UP

Broadway Comedy Club. NY Comedy Club. Greenwich Village Comedy Club. Stand Up NY. Upright Citizens Brigade.

## IMPROVISATION

Redshirts (Star Trek Musical Improv)	Ensemble	NYC Venues
Close To Home	Ensemble	NYC Venues
Harry Potter: Improvised!	Ensemble	Experiment Comedy Gallery
Ski Legend	Ensemble	NYC Venues
Village Playback Theatre	Ensemble	Prisons, Hospitals, Shelters

## SKETCH

Nomansland	Actor, Writer, Director, Producer	Broadway Comedy Club
Our Friend Mandy	Actor, Writer, Director, Producer	NYC Venues
Drama Queens	Actor, Writer, Director, Producer	NYC Venues

## TRAINING

**Acting:** 3 years with Anthony Abeson. 2 years with William Esper. 2 years with Dan Kehde.

**Improvisation:** Upright Citizens Brigade. **Dance:** 6 years of jazz, tap, ballet. **Movement:** 1 year Alexander Technique with Cynthia Reynolds. **Voice & Speech:** 1 year with Nancy Mayans.

## SPECIAL SKILLS

Writing: Sketch, Stand-up, Monologues, Songs, Essays, Plays. Comedic Rapper. Taught theater in Italy without knowing Italian! Taught improvisation in Tanzania without knowing Swahili!